

Poetic City | Session 3:

Divorcing Depression by MaSTARpeace

List of Required Supplies: Notebook paper and pencils

Additional Links:

<https://youtu.be/xwc2zwwgJigs> (video)

Space/Facility Requirements: Tables and chairs, open floor space, classrooms, museums, art galleries, workshops

Student Time Required: 60 minutes

Step-by-step Instructions:

Students will watch the [assigned video](#) and complete the following assignment. You will have 15 minutes to write a paragraph or poem describing your happiness. Following this, you will spend another 15 minutes writing a list of signs showing depression. During the last 30 minutes of class, students and teachers will share the paragraphs, poems, and list of signs of depression. Teachers should be prepared to give insight on different resources available to address depression.

- Notebook paper and pencils needed
- Video must be playable
- One hour
- [Use Rubric to grade student's participation](#)
- 9th-12th grades